

nap x glow

a collaborative lighting design studio

We balance beauty and functionality to craft lighting that elevates a space without overpowering it.

Where there is intention, light follows.

design philosophy

As an independent lighting design studio we are working close with architects and interior designers in UK, UAE and EU.

The practice focuses on using light to shape how spaces are experienced rather than simply illuminated.

Our projects explore atmosphere, hierarchy, and restraint, treating light as a spatial material rather than a technical afterthought.

Working in collaboration with architects and interior designers, the studio develops interior and exterior lighting schemes for residential, hospitality, retail, healthcare and workplace projects.

The ones where people live. Learn. Work. Reset. Gather. Slow down. Stay late. The approach spans early concept through to site coordination and final adjustment.

The work is informed by hospitality and operational experience, with an emphasis on how spaces perform over time and in use. Lighting strategies are developed to support materiality, movement, and moments of pause, allowing architecture and interiors to lead.

Light is used only where it adds meaning.

meet the team



Ruxandra Miftodi

Ruxandra trained as an architect before completing a Master of Light and Lighting at the Bartlett, UCL.

She built her practice at LDI and ChapmanBDSP in London, working across residential, hospitality and commercial projects at the highest level.

In 2023 she founded Glow Design Studio in Bucharest. Her clients include Accor Group.

Her approach is rooted in technical rigour and spatial intelligence, two things the work never lets you forget.

Emilian Bej

Emilian came to lighting through hospitality. From hotels, members' clubs, lifestyle spaces in London, he understands how rooms need to perform because he has run them.

He studied at University of the Arts London, focusing on light within spatial design. That operational lens shapes everything.

He designs for the room at 9pm on a Tuesday, not just the shoot day. A few years ago he founded notanotherplace to bring these worlds together.



the process

1 briefing

Once we receive the initial information, we review the project and prepare a proposal. We encourage involvement from the early stages, working alongside the design team to support a clear and considered direction from the start.

2 concept

3 feedback session

Following the initial concept, we review the direction together. Feedback at this point helps refine priorities and confirm the approach before moving into the next stage.

We begin with an initial conversation or site visit to understand the space, its constraints, and the intent behind the project. From there, we develop the concept: schematic plans, moodboards, and preliminary calculations that set the lighting direction.

4 detailed design

We stay in close contact with the client, design team, and suppliers throughout construction: coordinating delivery, overseeing installation, and working directly with the site team to ensure the design is executed as intended.

5 construction

Working closely with the design team, the lighting scheme is developed in detail. Detailed layouts, specifications, built-in details and coordination are resolved to ensure the proposal is clear, buildable, and aligned with the overall design intent.

6 project handover

During the final site visit, we verify that the installation has been carried out correctly. Lighting is adjusted, focused, and fine-tuned, shaping each space through light to achieve the intended atmosphere.

selected works

Hospitality
Office
Residential
Outdoor
Education
Healthcare

swissôtel

Poiana Brasov, Romania

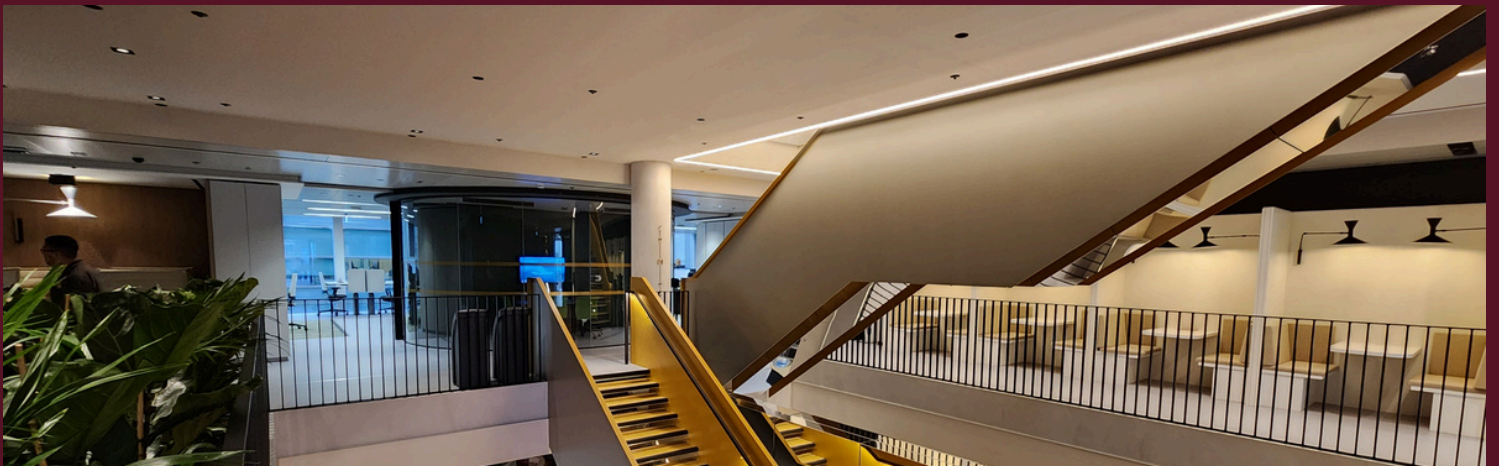


The aim was to deliver a warm, refined atmosphere aligned with the contemporary architecture through a clear, layered lighting approach.

Lighting is integrated into joinery and built form, supporting a calm, cohesive environment. It is precisely directed to highlight architectural details and key objects, creating defined focal points without adding visual clutter.

baker mckenzie

London, UK



The strategy here was to let daylight lead and design artificial lighting around it. Rather than a fixed condition, the scheme responds to the rhythm of the working day, shifting across hours without requiring manual intervention. The central staircase is the key move: underlit to draw movement through the building and give the interior a clear focal point. Functional and atmospheric at the same time.

penthouse

London, UK



Two floors with distinct programmes required two distinct lighting approaches. The 4th floor, living and sleeping, called for a contained, lower-light scheme that works with dark, warm finishes rather than against them. The 5th floor opens up with the architecture: dining, kitchen and entertaining, where the scheme lifts to match the scale and the views. The critical work on this project was understanding material interaction. Dark surfaces absorb and reflect differently. Getting that calibration right across textures, tones and fixture positions defined the outcome.

restaurant

Bucharest, Romania



The brief required a restaurant that could hold dinner service and late nights in the same space. Concealed linear LEDs define the architectural envelope. Focused pendants concentrate light at table level. Custom neon signs introduce deliberate contrast, not decorative, but structural to the atmosphere. Textured walls are grazed to add depth without adding fixtures. One scheme. Two very different readings of the same room

private garden

London, UK



The approach across the whole site was to keep sources hidden and let the light do the work.

Waterfalls, tree trunks and lower canopies are revealed through carefully positioned uplighting and grazing.

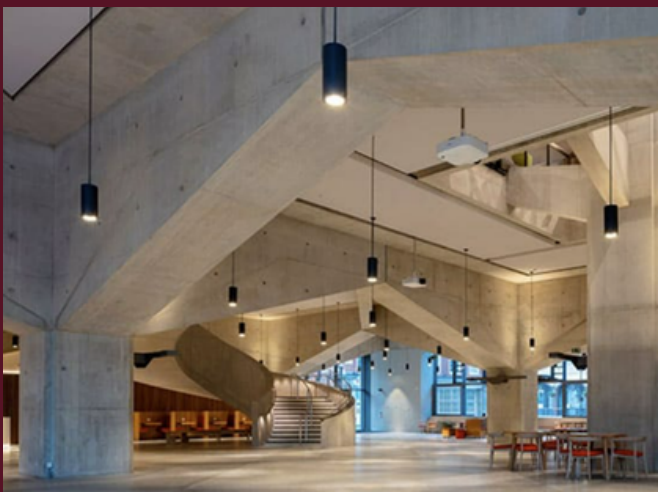
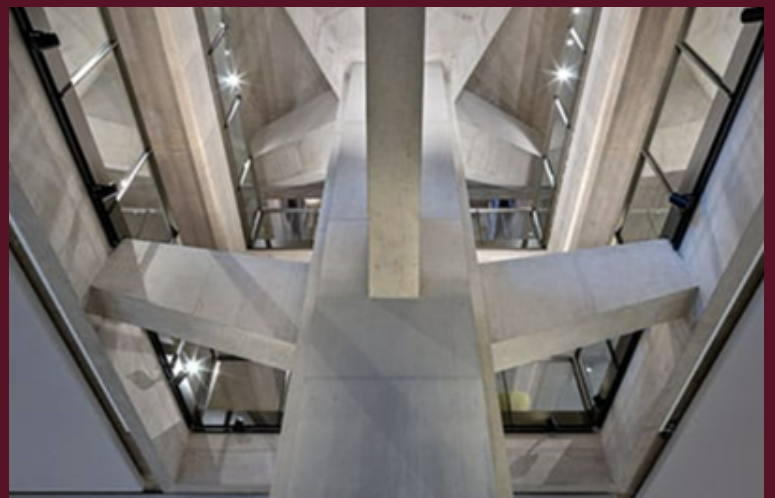
A custom greenhouse runs a dual system, plant-growth spectrum for the planting, architectural warmth for the spaces between.

Pathway bollards are the only visible fixtures, chosen because wayfinding required a presence that concealment could not solve.

The garden holds its quality after dark. That was the brief.

university

London, UK

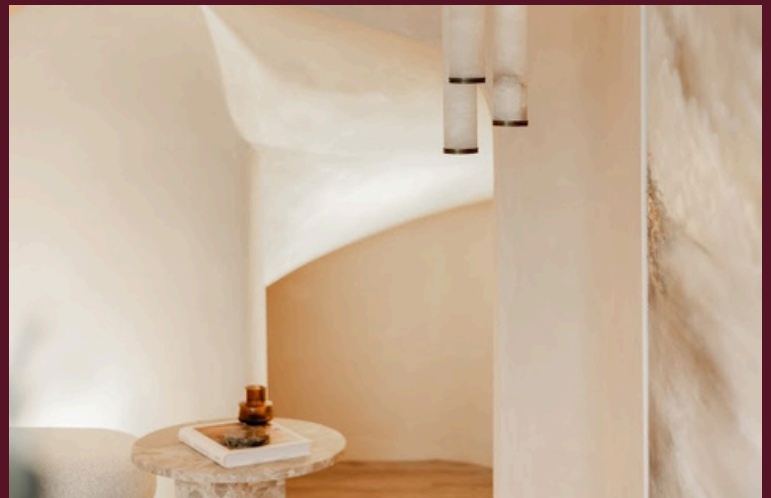


The Marshall Building needed to work across multiple modes: high-traffic circulation, focused study, informal gathering, often simultaneously. Pendant clusters define zones without enclosing them.

Concrete surfaces are lit to hold texture and scale. The scheme performs differently across the day, which was the intention from the start. Energy performance was integrated into the strategy, not added as a compliance layer.

dental clinic

Ascot, UK



Healthcare lighting defaults to over-illumination. We decided to take a different position.

Arrival is deliberately low-key. Low-glare downlights direct light to the floor, guiding movement without broadcasting it. Integrated linear LEDs at pillars replaced uplighters, better distribution, cleaner surfaces. In reception, a single pendant breaks the ceiling plane while wall washing reads the materiality beneath. Table and floor lamps hold warmth at eye level.

The ceiling stays uncluttered. The room stays calm. The lighting is doing clinical-grade work without looking like it.

thank you

Lets talk and create.

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